

*Lavinia Salinas (she/her)*

*[Latvalatina@gmail.com](mailto:Latvalatina@gmail.com) 647-524-7124*

*Actor: Physical Theatre and Dance Theatre. (1985 to Present)*

*Yoga Instructor (Mixed Yoga styles: Vinyasa, Ashtanga, Yin and Foundation Flow). August 2016 to Present.*

*Fluent in Spanish, English and some French.*

*I am an actor trained in the Method, and my work includes representations in Spanish and English of Classic and contemporary play writers. During the nineties I explored collective theatre with Grupo Contigo America, Physical Theatre with Abraham Oceransky, both in Mexico and performed in student productions in Miami, FL, US.*

*In Canada I have performed in community groups in rural New Brunswick, and with Grupo Teatro Libre in Toronto (a Spanish speaking collective Theatre company directed by Luis Rojas). From 2017 to 2019 I was engaged in several theatre, writing and body movement workshops for professional enrichment in Toronto. I also performed at the Fringe Festival Toronto, 2017 (In Sundry Languages, directed by Art Babayants), Caminos Festival and Rutas Panamericanas. In 2019, In Sundry Languages and in Multiple Choices productions.*

*I'm currently transitioning into movie and commercial acting (2021) and had been doing a few Background work for some local productions here in Ottawa. I'm also doing some online learning for acting and auditioning on camera.*

*I recently performed in Tarzan, the musical with Kanata Theatre, as part of the ensemble as an Ape in December 2021. Had lots of fun!*



